

# School Administrative Unit 44

Serving the communities of Northwood, Nottingham & Strafford



Parent Presentation

## WE R H.O.P.E.

### Anxiety Education for Parents

We R H.O.P.E offers coaching and training's for parents. As a company, we believe that having consistency and support for our clients is crucial. Parents play a pivotal role in the lives of the students and it's important that they have the resources needed to succeed.

- Individualized parent coaching
- Crisis intervention and stabilization
- Youth Mental health first aid trainings
- PTA anxiety education work shop and tool kit development.

Date: Tuesday, May 14, 2019

Place: Nottingham School

Time: 6:00 pm

SPONSORED BY THE NOTTINGHAM PTA



Biography

The company was established and is now managed by Sean Perry and James Reinstein. For three years prior Sean and James had been supporting and running a successful anxiety treatment center for teens suffering with anxiety, OCD and depression. Daily, they supported, coached, and guided youth through their struggles with severe anxiety and depression. They both worked with multiple levels of OCD, anxiety and depression. They have been successful in the assistance and recovery of their residents. Sean and James noticed they were only serving a small percentage of teens. This percentage was those with financial resources. They came together to create a company that would serve more than just a select few.